



Developing Sport in
Fife since 1977



DISABILITY SPORT FIFE

Annual Report presented at the Thirty-seventh
Annual General Meeting

Monday 12 May 2014

Michael Woods Sports and Leisure Centre—Glenrothes

DSF is a member organisation of Scottish Disability Sport and is supported by Fife Council and the Fife Sports and Leisure Trust

Fife Badminton medallists 2014 Championships



Chairman's Report

It gives me great pleasure to welcome everyone here tonight to the first Disability Sport Fife Annual General Meeting to be held here in the new Michael Woods Sports & Leisure Centre.

It has been a couple of years of upheaval and change for the Association. We left our long term home in the Fife Sports Institute almost two years ago and we are indebted to Maureen McSeveney and the Forward Centre staff for accommodating the office for a year. We are now settling in to our new home in the new centre and we have been made exceptionally welcome.

The Association is incredibly well supported by its two main local partners Fife Sports and Leisure Trust and Fife Council. Not only does DSF have its office base in a prime location in the multi million pound new centre but the opportunities offered to our athletes are exceptional. Participant numbers continue to rise in sessions and events in different locations throughout Fife. Recently, the 38th DSF Sports Festival was supported by the Leisure Trust and a Celebrating Fife grant, and we were pleased to welcome Provost Jim Leishman, a great supporter of the Association, to present medals at the swimming championships. Fife Council continues to provide exceptional support through Active Fife and also financial support through recurring grant aid. A recent exciting initiative is the inclusion of a new DSF webpage on the Fife Sports and Leisure Trust website which has proved extremely popular. In the first 30 days the site had 1500 hits.

DSF athlete members continue to compete with distinction on the national and international stage. The Fife High Performance and Futures squads have been developed over the last few years to support athletes as they progress to national and international honours. Lucy Walkup has set world records for deaf swimming and was a member of the GB team for the 2013 Deaflympics, the major world event for deaf athletes; Kieran Steer won boccia gold in Rio at the 2013 Paralympic School Games; Owen Miller participated in the INAS World Athletics Championships in Czech Republic; and Kieran, Owen, Brad Stewart and Derek Rae all received SDS academy funding as top performing athletes. The Squads have been a great success story and to maintain momentum, several up and coming athletes were identified for "Futures" support at the most recent selection meeting.

DSF is very proud of its record of participation at major events, and I am delighted that we will be represented in Para sports at the 2014 Glasgow Commonwealth Games. Billy Allan and Michael Simpson have already been selected for the lawn bowls team and London Paralympian Craig Rodgie has achieved the qualifying standard for the swimming team. We wish them well in the summer and I know what a great experience it will be for them to compete alongside the best athletes in the Commonwealth in a home country Games.

The Association has been well supported this year by a number of individuals and organisations. Grants and donations in the year are listed in the 2013-14 annual accounts but special mention should be made to the Order of St John members who have supported DSF for over 20 years. DSF acknowledges the families in particular who have taken advantage of the Association's new MyDonate web page for fundraising events. DSF is appreciative of each and every donation given and we thank everyone concerned.

Scottish Disability Sport continues to assist DSF through SDS staff member Mark Gaffney who has been a regular at DSF General Management Committee meetings. SDS will appoint a new Tayside and Fife Regional Partnership Manager for disability sport, and it is hoped that DSF will benefit from this appointment.

Finally, I would like to thank the members of the General Management Committee for all their help in the year. It is hard to believe that it has been a year since the loss of our friend and treasurer Alec Thorburn. Alec has, predictably, been hard to replace and at the current time his post has not yet been filled. I have to give huge thanks to our administrator Norma Buchanan and to my fellow office bearers David Thomson and of course Richard Brickley for all hours spent to ensure the association has been run so smoothly and productively throughout this time. I hope that we can continue the good work and that the coming year can be just as successful.

Paul Noble MBE
Chairman DSF

GENERAL MANAGEMENT COMMITTEE 2013/2014

Office Bearers	Paul Noble, MBE David Thomson Richard Brickley, MBE	Chairman/Hon. Treasurer Hon. Secretary Hon. President
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Athlete Representatives	Adam Morley Caroline Baird, MBE Alan Johnston
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Member Organisation Representatives	Maureen McSeveney Carolyn Clunie Lorna McClean Anna Capon	Forward Centre Robert Gough Centre Robert Gough Centre West Fife CSS
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Parents Representative	Joan Burns
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Active Fife	Anna Tizzard
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Administrator	Norma Buchanan
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Independent Examiner	Tom Foster
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SDS Liaison Officer	Mark Gaffney
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COMMITTEES

Finance and Policy	Richard Brickley, MBE (President, DSF) - Chair Paul Noble, MBE (Chairman, DSF) David Thomson (Secretary, DSF)
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Performance	Richard Brickley, MBE (President, DSF) – Chair Norma Buchanan (Administrator, DSF)
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Safeguarding in Sport	Maureen McSeveney (Forward Centre) - Chair Richard Brickley, MBE (President, DSF) Anna Tizzard (Active Fife) Paul Noble, MBE (Chairman, DSF)
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DISABILITY SPORT FIFE

Charity No: SCO20994

PRINCIPAL COACHES AND CO-ORDINATORS 2013/2014

ARCHERY	Gordon Easton, David Cowieson
TABLE TENNIS	Wilma Catignani
INDOOR BOWLS	Alex McLean / Matt Thomson
CARPET BOWLS	Alex McLean / Matt Thomson
LAWN BOWLS	Matt Thomson, Alex McLean
TEN PIN BOWLING	Trish Anderson
SWIMMING	Anna Tizzard, Kathy Bijak, Kay Maxwell, Helen Mackay <u>plus</u> coaches from Fife Swimming Clubs
ATHLETICS	Pamela Robson, Gemma Nicol, Kelly Braid, John Johnstone, Helima Mutch, Richard Brickley Elspeth Wallace plus coaches from Fife Athletics clubs
GOLF	Craig Martin
FOOTBALL	Gary Webster, Jason Arthur, Dave Gorman, Craig Martin, Tom Hunter, Stuart Munn, Nick Caiger, Richard Monese, Mike O'Hare, Pamela Robson
BOCCIA	Catherine Carruthers
RACQUET SPORTS	Alex Bird, Euan Bell
GRANT AID	Norma Buchanan, Richard Brickley MBE
CLASSIFICATION	Richard Brickley MBE, Joyce Cummings MCSP
MARKETING & PUBLICITY	Norma Buchanan, Richard Brickley MBE
RECORD KEEPING	Paul Noble MBE, Norma Buchanan
SWIMMING OFFICIALS	Fiona Cunningham, Tom Foster, Jim Drummond, Colin Wilson, Margaret Robson
ATHLETICS OFFICIALS	Richard Brickley, Shona Malcolm
BOWLS OFFICIALS	Alex McLean, St Clair Bowling Club Matt Thomson, Beveridge Park Bowling Club
COACHES & TEACHERS	Richard Brickley MBE Anna Tizzard Kathy Bijak Gary Webster Alex Bird Elspeth Wallace Helen Mackay Pamela Robson Kelly Braid Catherine Carruthers Kay Maxwell Ronan Capon Gemma Nicol
NUTRITIONAL SUPPORT	Margy Thomson

MEMBER ORGANISATIONS

Secondary Schools with Departments for Pupils with Additional Support Needs (DAS)

Balwearie High School
Bell Baxter High School
Buckhaven High School
Lochgelly High School
Madras College
Woodmill High School
Glenrothes High School

Social Work Services

East Fife Community Support Services
Central Fife Community Support Services
West Fife Community Support Services

Schools

Hyndhead School, Buckhaven
John Fergus School, Glenrothes
Kilmaron School, Cupar
Calaiswood School, Dunfermline
Rosslyn School, Kirkcaldy

Clubs/Organisations

Inverkeithing HS Community Use
Lochgelly HS Community Use
Madras College Community Use
Queen Anne HS Community Use
Waid Academy Community Use
Levenmouth Gymnastics Club
Fife Athletic Club
Glenrothes Swimming Club
INCAS
FINS Swimming Club
East Fife Indoor Bowling Club
Carnegie Swimming Club
Dunfermline Track & Field
Beveridge Park Bowling Club
Cupar & District Swimming Club
Glenrothes Strollers
Lochore Meadows Country Park

Voluntary Organisations

Scottish Autism
Fife Society for the Blind
ENABLE, Fife Branch
Capability Scotland

Colleges

Fife College – Cupar Campus
Fife College – Glenrothes Campus

SUPPORT IN KIND 2013/2014

D.S.F. recognises the support it receives from many people in Fife and wishes to recognise the following agencies and individuals in particular:

- Fife Council
- The Fife Sports and Leisure Trust
- The staff of the Michael Woods Centre
- Jim Douglas and Gordon Hynd, Grants Officers, Fife Council – now retired
- Sheena Watson, Fife Council
- Jen Henderson, Sports Development Manager
- Pamela Colburn, Manager, Active Schools
- Staff from East, West and Central Fife Community Support Services
- Tom Foster - Independent Examiner
- Fife Swimming Club coaches and officials
- The Rector and staff of Kirkcaldy HS
- East Fife Indoor Bowling club
- Beveridge Park Bowling Club
- Red Cross, East/Central Fife – Richard Hyslop
- Fiona Cunningham, Tom Foster, Colin Wilson, Jim Drummond, Margaret Robson – Scottish Swimming
- East, West and Kirkcaldy and Central Fife Sports Councils
- The Courier, Fife Free Press, Glenrothes Gazette, Dunfermline Press, Fife Leader, East Fife Mail, Central Fife Times & Advertiser, St Andrews Citizen, West Fife Herald
- The staff and volunteers who travel in support of Fife teams and individuals throughout Scotland and the U.K.
- The staff of the Forward Centre (April to June 2013)
- Susan Stewart, Anne-Marie McMorris - PEPAS

ACKNOWLEDGEMENT OF FINANCIAL SUPPORT

Disability Sport Fife has received financial assistance from many agencies and individuals during the last year and wishes to acknowledge the following in particular:

- Fife Council for Recurring Grant Aid to support the post of part-time DSF administrator
- Fife Council Community Events Grants Scheme
- Fife Sports and Leisure Trust
- The members of The Order of St John, Fife Branch
- Fife Rotary Clubs
- Margaret Pullar and friends – the Bill Pullar Bursary
- Scottish Disability Sport
- **sportscotland**
- St Andrews University Saints
- Scottish FA
- Soroptimist International – Dunfermline
- Leven Golfing Society (Ladies)
- Graham Law and Family
- Fraser Wilson and Family
- Kumho Tyres
- R & A Golf Club of St Andrews
- Kilmaron School
- BARCAPEL
- Sports Development, Fife Council
- University of St Andrews Badminton Club
- Peoples Postcode Lottery
- The many individuals who donated anonymously in the year past
- Plus many other individual sports people and friends who have raised money for specific projects and programmes.

FIFE ATHLETE/TEAM SUCCESSES 2013/2014

SWIMMING

2013 Brodie Gala - Cupar Swimming Pool

The Brodie Gala for pupils with additional supports needs is the longest running swimming gala in the events programme organised by DSF. Nine times winners of the A H Brodie trophy, Kilmaron School from Cupar retained the A H Brodie trophy having won it in 2013 for the first time since 1987. The outstanding swimmer of the 2013 gala was Felix Taylor from Kilmaron School. Felix won the boys trophy race and recorded the fastest freestyle and backstroke times and anchored the Kilmaron team to win the Inter Schools relay. John Fergus School finished runners-up, 9 points behind Kilmaron with 26 points. Melissa Stevenson from Lochgelly North was the leading girl at the Brodie gala with wins in backstroke, freestyle and the trophy race for girls.

2013 33rd Annual Inter Schools Swimming Gala for Pupils with Additional Support Needs – Lochgelly HS

A strong Woodmill HS team attempted to win the team trophy for the second year in succession and appeared to be cruising to victory. A relay disqualification in the penultimate event left the outcome in doubt until the final relay. The boys from Woodmill HS however rose to the occasion and produced a record breaking performance win in 1:17.12 and lifted the Inter Schools cup. The much improved combined Madras College/Bell Baxter HS team challenged for the title right up until the final event but had to settle for runners-up spot. Liam McIntyre from Woodmill HS was voted the top male swimmer of the DAS gala. Jennifer Paton from Balwearie HS the leading girl. Participating schools at the 2013 DAS Inter Schools gala were Woodmill HS, Balwearie HS, Lochgelly HS, Glenrothes HS, Madras College, Bell Baxter HS, Lochgelly HS and Kilmaron. This was the largest number of schools and also participants in the history of the gala.

2013 Scottish Junior Championships for Sensory Impaired and Physically Disabled Swimmers – Grangemouth Sports Complex

Six junior swimmers with a physical or sensory impairment competed at the 2013 Scottish Junior Championships organised by Scottish Disability Sport. Lucy Walkup was in outstanding form in the events for deaf swimmers and set a new Scottish 50m breaststroke record of 35.56 when she touched ahead of her GB team-mate Danielle Joyce. Craig Smith from FINS was easing himself back into competitive swimming following a significant amount of time out of the pool due to surgery. Craig swam a personal best time for 100m freestyle and along with young Steven McCormick from FINS sent out a message that they are the emerging young Fife swimmers to keep an eye on for the future. Cameron Hemphill (Ladybank), Kerys Ballard (Dunfermline) and Robbie Ovenstone (Kirkcaldy) were the other young Fife swimmers who competed at Grangemouth.

2013 British Senior Short Course Championships – Ponds Forge, Sheffield

Five Fife swimmers recorded very impressive performances at the British Senior Short Course Championships in Sheffield. They made a significant contribution to an outstanding Scottish performance that included wins in three of the four relays and a second place finish in the team competition. Lucy Walkup had six swims and her most impressive performance was setting a new Short Course world 100m breaststroke record of 1:16.45. Stefan Hoggan from Carnegie Swimming Club also had a successful Championships with a win in 100m butterfly of 1:06.69. Consistent Craig Rodgie from Dalgety Bay and the Edinburgh University Swim Squad collected a silver medal in 100m butterfly in 1:03.23 and a bronze medal in 50m free in 25.84. Following a re-classification to S8, Craig Smith from FINS went on to turn in excellent performances in the 50m and 100m freestyle in 34.08 and 1:16.90. Newcomer to the Fife contingent and Scottish team was Oliver Carter from Cupar and District Swimming Club swimming in the S10 class. Undaunted by the pressure of the situation young Oliver recorded a series of fine swims including a number of sixth and seventh place finishes and his time of 5:12.03 for 400m freestyle was particularly impressive.

2013 Scottish Junior Championships for Swimmers with a Learning Disability – Scotstoun Leisure Centre

DSF selected a strong team for the 2013 SDS Junior Championships at Scotstoun in Glasgow selected from qualifying galas at Lochgelly HS and Cupar in September and June respectively. The following swimmers finished in one of the top three finishing positions in their respective finals: Scott Birrell (Balwearie HS), Joyce Law (Madras College), Craig Telford (Glenrothes HS), Ross Bowman (Woodmill HS), Adam Fox (Woodmill HS), Ryan Dick (Balwearie HS), Jennifer Paton (Balwearie HS), Matthew Blair (Woodmill HS), Shaun Rowcliffe (DSF), Alex Syme (Woodmill HS), Steven Braid (Woodmill HS), Chelsea O'Donnell (Lochgelly HS), Caitlin Brearley (Woodmill HS), Stacey Hynd (Lochgelly HS), Fraser Wilson (Lochgelly HS).

2014 British Junior Championships for Swimmers with a Disability – Ponds Forge, Sheffield

DSF was represented in the Scottish team by three of the country's leading young swimmers who train with clubs in East, West and Central Fife. By far and away the most experienced and most successful of the weekend was Lucy Walkup from Glenrothes and Carnegie Swimming Club. Lucy produced some excellent times, set two personal best performances and in her favoured 100m breaststroke won the British title in 1:16.75. Craig Smith from Glenrothes and FINS had his most successful weekend at a British Championship event to date. Craig's outstanding performance was in the 400m freestyle which he won in 5:27.41 and won his first ever British title. Young Oliver Carter from Cupar and District Swimming Club continues to improve with every swim. Despite being unwell during the weekend he won two bronze medals in the 200m IM and 100m breaststroke.

2013 Deaflympics (July) – Sofia, Bulgaria

Deaflympics were first held in Paris in 1924 making these Games the second oldest multi-sport event in history, second only to the Olympic Games. Team GB had athlete and player representation in the sports of athletics, cycling, karate, swimming, football, tennis and shooting. In her first Deaflympics, teenager Lucy Walkup from Carnegie Swimming Club reached five finals, recorded four personal best times and set four individual Scottish records. Lucy was part of the GB relay team that set two British records and was one of only nine GB swimmers selected for the major sporting event for the world's leading deaf sportsmen and women.

2014 European Swimming Championships (June) – Saransk, Russia

Lucy Walkup from Glenrothes and Auchmuty HS has been selected for the GB deaf team for the 11th European Swimming Championships in June this year. Lucy is a member of the Scottish Youth Development Squad. Following on from significant performances in 2013 Lucy maintained momentum into 2014 with some very special performances at the Scottish Swimming Short Course Nationals in Glasgow. Lucy swam 100m butterfly in 1:13.26 and 100m breaststroke in 1:19.75 for a personal best time and a split of 36.55 for a Scottish deaf record. Lucy continued with a 50m free time of 29.70, 200m breaststroke 2:53.57 and 50m breaststroke in 36.76. Lucy's 50m butterfly time of 31.73 was another personal best and another Scottish Short Course deaf record.

Lucy travelled to Loughborough for the 2014 GB Deaf Championships where she won two gold, one silver and three bronze medals. Lucy was delighted to win the breaststroke open trophy for the sixth consecutive year. Lucy is coached by John Szanarek at Carnegie Swimming Club.

2013 SDS Senior Championships for Swimmers with a Learning Disability – Scotstoun Leisure Centre

Craig Rodgie from Dalgety Bay and Edinburgh University Swim Squad was in outstanding form at the 42nd SDS Championships in Glasgow. Craig contested five individual events and set national records in 100m IM 1:08.44, 100m freestyle 57.82 and 50m butterfly 28.60. Craig rounded off his Championships with a win in 50m backstroke in 31.43 and a fourth place in 50m breaststroke. Craig's swims helped Team Fife to third place in the Inter Area competition behind Tayside and champions West of Scotland. The Fife team was helped by the addition of junior swimmers from Woodmill HS and Lochgelly HS who had performed well at the Fife Championships. Shaun

Rowcliffe, Briony Clark and Carter Taylor made a significant contribution to the Fife team total. Lauren Haston made a welcome return to Team Fife after a number of years absence and picked up three medals. The Fife senior swimmers who finished in top three positions were Paul Coulthard, Julie Allan, Mark Walker, Donald Farren, Barrie Sanderson, Jemma Hancock, Michael Wilkie, Tom Webster, Michelle Wallace, Charlene Took, Nikki Baxter, Cara Dunsire, Adam Colmer, Stephen Arthur, Tanis Murphy, Wayne Sammut, Paul Arthur, Wendy Robertson, Martin Dorran, Matthew Robertson, Craig Bernard and Allan Robertson. Craig Rodgie now holds four of the five mens Championships records and past Paralympian Tracy Wiscombe from Burntisland still holds four of the five womens records, the last being set in 2000. Rebecca Lee holds the 50m butterfly record which she set in 2004.

2013 Scottish Gas National Open Swimming Championships – Tollcross International Swim Centre

Craig Rodgie set three long course records at Tollcross International Swim Centre at the 2013 Scottish Gas National Open Swimming Championships. In freestyle he set a new Scottish record of 25.72 for 50m and went on to establish a British record for 100m of 56.66. Craig completed his freestyle swims with a time of 2:07.45 for 200m. In backstroke Craig recorded times of 31.76 for 50m and 1:06.96 for 100m and he completed his schedule with a British record for 50m butterfly of 27.78.

Para-sport time for Fife Swimmer

In 2012 Craig Rodgie was the only DSF member to be selected for Team GB for the Paralympic Games. The young Dalgety Bay swimmer has raised the bar in S14 swimming in Scotland since he burst on to the scene as an Inverkeithing HS pupil. At the 2014 Scottish Nationals, Commonwealth Games Trials in Glasgow Craig competed in two events and won a gold medal in the S14 50m and 200m freestyle. The latter was a personal best, Scottish record of 2:03.95 and a nomination time for the 2014 Para-sport swimming in Glasgow 2014. Craig will learn later in the season if he has been selected for Glasgow 2014. At the 2014 British Para International Swim Meet, also in Glasgow, Craig once again competed in two events. In 100m backstroke Craig recorded a PB of 1:05.11 just missing out on the European Championship qualifying time by 14/100 of a second. In 200m free Craig recorded 2:03.74, won a silver medal but just missed out once again on an IPC European Championships qualifying time. Craig is coached by Chris Jones at the Edinburgh University Swim Squad.

2013/2014 Performance Development Galas

Craig Rodgie, Craig Smith, Oliver Carter and Steven McCormick have been regulars in the SDS Performance Development swimming galas held at the Mercat Gait Centre in Prestonpans and the National Academy in Stirling. These events provide swimmers with an opportunity to compete in events and over distances which they are unable to access in the SDS national championships programme.

ATHLETICS

2013 Scottish Track and Field Championships – Grangemouth Stadium

DSF entered a strong team for the 2013 Scottish Track and Field Championships in an effort to make it four years in a row and retain of the A R Mitchell team trophy. Team Fife finished runners-up on this occasion to a powerful West of Scotland team but Team Managers Carolyn Clunie and John Young were delighted with the overall team performance. Representative athletes from East, West and Central Fife Support Services plus Lochgelly HS, Balwearie HS, Glenrothes HS, Scottish Autism, Lochgelly HS Sports Club, Fife AC and Dunfermline Track and Field were represented in the Fife team. DSF is proud of the range of abilities of the athletes who competed for Fife in sprints, middle distance, throws, jumps and relays. All athletes were selected from performances recorded at the Fife Championships held at the Pitreavie Centre in June. Worthy of special mention were the performances of the athlete representatives from Scottish Autism and the senior pupils from DAS departments in Balwearie, Glenrothes and Lochgelly High Schools.

2013 Fife Track and Field Championships (36th for athletes with a disability) – Pitreavie Athletics Centre

152 senior and junior athletes with a disability from across Fife competed in the 2013 Championships supported by the Fife Sports and Leisure Trust and the Rotary Club of Glenrothes. The winner of the Ben Mills trophy for the second year in succession was Daryl Gibson from Dunfermline Track and Field with wins in 400m, 200m and long jump. The leading female athlete and winner of the Lita Allan Memorial trophy was Atlanta Crawford from Balwearie HS with wins in 100m, 200m and shot putt. Atlanta set the only record of the day in winning the shot in 6.19, an improvement on the existing record by over a metre. Bernice King from Balwearie HS was voted top junior girl with wins in 400m, long jump plus a second in the open 100m. Ryan Dunwoodie from Balwearie HS won the top boy award with three wins in 1500m, 200m and 100m. The Ian Watson Memorial trophy was awarded to Michelle Bates from Scottish Autism (Woodend) for excellent performances in 400m walk and 100m. Marathon runner Derek Rae from Kirkcaldy and Anster Haddies paid a rare visit to the track and won the 1500m and newcomer 10 year old Callum Sloan from Dunfermline made a significant impression in his first Fife Championships in wheelchair sprints. West Fife CSS retained the Inter Centre team cup and also won the 4x60m mens and womens shuttle relays plus the Inter Centre 4x100m relay. The equivalent womens relay was won by the Robert Gough Centre from Leven. Balwearie HS athletes won the junior shuttle relay and Woodmill HS won the 4x100m junior relay. A significant feature of the 2013 Championships was the increase in the number of junior athletes. Apart from the main award winners junior athletes that caught the eye were Sam Fernando S3 (Bell Baxter HS), Robbie Simpson S4 (Glenrothes HS), Adam Richards S3 (Balwearie HS), Alex Fisher S5 (Balwearie HS), Dean Bruce S1 (Bell Baxter HS), Tiegán Adamson S2 (Glenrothes HS), Shane White S1 (Bell Baxter HS), Ryan Ferguson S2 (Woodmill HS), Liam McIntyre S5 (Woodmill HS) and Scott Birrell S3 (Balwearie HS). Selected for special mention in the senior ranks were Maurice Paterson (Fife AC and Dalgairn Centre), Wayne Sammut (West Fife CSS), Ricky McGuire (West Fife CSS), Nikki Baxter (West Fife CSS), Phillip Callander (West Fife CSS), Allan McManus (Lochgelly HSSC), Craig Hunter (Robert Gough Centre) and Rickie Ballingall (Robert Gough Centre).

2013 Scottish Disability Sport Junior Track and Field Championships – Grangemouth Stadium

Pupils from Balwearie HS and Lochgelly HS represented Fife at the 2013 Scottish Junior Track and Field Championships. Ryan Dunwoodie from Balwearie HS recorded the second fastest 1500m time of the day and followed up with a second place finish in 100m and a third place finish over 200m. Atlanta Crawford from Balwearie HS finished second in the girls 100m, second in the 200m and won the girls shot putt with a throw of 5.98m. Bernice King from Balwearie HS finished second in 100m, first in 400m and completed her day with a second place finish in long jump. Scott Birrell from Balwearie HS had a wonderful win in the shot putt with a throw of 8.32m. Other athletes who finished in the top three finishing positions were Scott Birrell, Balwearie HS (100m and 200m), Adam Faulds, Balwearie HS (100m, 200m and long jump), Daryl Mulligan, Lochgelly HS (200m), Fraser Wilson, Lochgelly HS (200m), Ryan Dick, Balwearie HS (200m and long jump), Stacey Hynd, Lochgelly HS (60m), Marie Wilson, Lochgelly HS (60m), Ross Phillibin, Balwearie HS (shot putt), Alex Fisher, Balwearie HS (long jump), Sophie Allan, Lochgelly HS (softball throw), Jack Walls, Lochgelly HS (softball throw), Liam Cameron, Balwearie HS (long jump),

2013 INAS World Championships – Czech Republic

Owen Miller from Dunfermline and Dunfermline Track and Field was selected for Great Britain for the INAS World Championships in the Czech Republic in June 2013. Competing in the 1500m against the leading T20 international athletes with a learning disability Owen produced a series of fine runs. Around the same time Owen was invited by British Athletics to compete in Birmingham at the IPC Athletics Grand Prix Final at the Alexander Stadium on Saturday 29 June. The Grand Prix was the most prestigious event for T20 British athletes held in Great Britain in 2013.

2014 Indoor Senior Championships – Emirates Arena, Glasgow

At the Scottish Indoor Senior Championships of 2014 Owen Miller from Dunfermline Track and Field recorded a personal best of 4:02.20 for 1500m which bettered his lifetime best outdoors.

Following the Indoor Championships Owen learned that he had been selected for Great Britain for the INAS European Championships to be held in the Netherlands from 11 to 15 June following his nomination by DSF, supported by Scottish Disability Sport. Owen is selected to run in the 1500m and hopefully will be offered a run in the 4x400m relay. During the 2013 season Owen was supported by the Fife Disabled Sports Trust, Fife Sports and Leisure Trust, Scottish Disability Sport Academy programme and British Athletics.

2013 Edinburgh Marathon

Anster Haddie, Derek Rae completed the 2013 Edinburgh Marathon in a personal best time of 2:52.55. This is the Kirkcaldy athlete's fourth run in the Capital 26 mile race and his time knocked 10 minutes off his previous best performance, set in 2009 prior to a serious motor cycle accident.

2013 Glenrothes Road Running Festival 10K - Glenrothes

Derek Rae from Kirkcaldy and Anster Haddies became the first physically disabled athlete to win the Glenrothes 10K. The Glenrothes Road Running Festival has had a long association with DSF members and during the 80s and 90s the wheelchair road race was a major part of the Festival programme. Derek's win was an unexpected surprise for everybody associated with the Association but on the day it was well deserved. Other DSF members competed in the 2K, 4K and 10K road races, unassisted or with support runners. The Glenrothes Road Running Festival is massively inclusive of athletes of all levels of ability.

2013 Tour of Fife

Derek Rae from Kirkcaldy and Anster Haddies finished second in the 2013 5 Series Tour of Fife. The Tour of Fife runs over five consecutive days at the beginning of August. The first two races are over 4.8 miles and the middle race is an uphill time trial of 1.4 miles. The Tour finishes with a 4.2 Chariots of Fire Beach Race in St Andrews and finally a mountain run in Falkland of 3.8 miles. Derek finished 9th in the 2012 Tour with three second place finishes and two third place finishes. Derek not only improved his times considerably but jumped up the rankings to runner-up position with a cumulative time of 1:54.43.

2013 Frank Duffy 10 Mile Run – Dublin

Derek Rae from Kirkcaldy and Anster Haddies was offered the opportunity by Scottish Athletics to compete in the Frank Duffy 10 mile run along with some of the leading distance athletes in Scotland preparing for the Commonwealth Games in Glasgow in 2014. Fresh from a win in the Ceres 8 mile run in 44.46, Derek headed to the Irish Capital thrilled at being offered the chance to run alongside some of Scotland's top athletes. Derek set a target of a sub 57 run and true to form he completed the course in 56.52, with a finishing position of 41st. Derek is indebted to Scottish Athletics for offering him the opportunity to compete in such a wonderful setting against some of the country's leading international athletes.

2014 London Marathon

Late in 2013 Derek Rae from Kirkcaldy and Anster Haddies decided to approach Ron Morrison from St Andrews for coaching advice and support and he has not looked back since. Ron is aided by Don Macgregor (7th in the 1972 Olympic Marathon in Munich) in their Fife AC and St Andrews University group. Despite losing a significant amount of winter training through a foot injury Derek produced quality times in the three events identified by coach Ron in preparation for London. The first event was the Scottish Cross Country Championships in Falkirk in February. Running over the 12 kilometre course for the fourth time, Derek finished in 45.06 to record a personal best time of 1:27. In March Derek competed in the Cupar 5 miles for the first time, turning in a time of 26.57. Later in March Derek finished 13th in the Alloa Half Marathon in a time of 1:14.52, a personal best by 1.40. Derek's finishing time of 13th was an 18 place improvement on his previous performance. In London Derek improved his personal best time by over 8 minutes and completed the 2014 London Marathon course in 2:44.43. Derek's coach Ron is planning to work on Derek's speed and involve him in a number of track meets during the forthcoming athletics season. Derek hopes to travel to Berlin in June to compete in the Berlin Open and hopefully secure an international classification of T46.

2014 Sportshall Championships – The Peak Stirling

For almost a decade DSF has been trying to identify a team of young athletes with a physical, sensory or learning disability to challenge for the team title at the Sportshall Championships held annually at the Peak in Stirling. The Championships are organised by Scottish Athletics and Scottish Disability Sport. Teams compete in a challenging programme of running / pushing, throwing and jumping activities and all team members score team points. Following a robust warm up, participating teams were involved throughout the morning in a series of individual athletics disciplines with a stop watch or tape measure determining athlete scores and consequently team points. In the afternoon all athletes competed in a series of running / pushing and throwing relays where the young Fife athletes did particularly well. Throughout the day the Fife youngsters were well managed by teachers Pamela Robson (Balwearie HS) and Fiona Stewart (Bell Baxter HS). Every team comprises five athletes with a learning disability and five athletes with a physical or sensory impairment. There was strong competition for places in the Fife team and DSF set a target this year of entering a full team for the first time in many years. This was successfully achieved and team captain Alex Fisher from Balwearie HS was thrilled with the performance of every athlete and how well they performed. The Fife team topped the table against junior teams from Highland, Lothian, Dumfries and Galloway, West of Scotland and Tayside. The Fife team members were Alex Fisher, Bernice King, Ryan Dunwoodie, Dylan Fotheringham and Stuart Taylor (reserve) from Balwearie HS, Sam Fernando and Dean Bruce (reserve) from Bell Baxter HS, Robbie Simpson, Lewis Anderson and Kieran McDonnell (Glenrothes HS), Callum Sloan (McLean Primary) and Joanna Imrie (Waid Academy).

CROSS COUNTRY

2014 SDS East Series 1 – Peffermill, Edinburgh

The East Series is run over the winter months and leads up to the Scottish Championships which are held at Bellahouston Park in Glasgow. Races are graded according to the age and ability of participants. In Series 1 the 1Km race was won by Louise Harley S1 (Lochgelly HS) in a time of 5:11 with Chelsea Burns S2 (Buckhaven HS) in second place and Marie Wilson S4 (Lochgelly HS) finishing third. Irvin Wilson (Balwearie HS) was placed third overall in the boys 1Km race and Stuart Taylor (Balwearie HS) was the fastest S2 runner of the day. Dean Bruce (Bell Baxter HS) finished in second place. The second fastest S1 athlete over 1Km was Alex Evans (Balwearie HS). Balwearie HS pupils Alexander Fisher S5 and Ryan Dunwoodie S5 had a memorable battle in the 2Km event with Alexander snatching first place in 8:15, 2 seconds ahead of his team-mate. Fife rounded off a successful day with wins for Stephanie Jack S4 (Buckhaven HS) over 2Km and Sam Fernando (Bell Baxter HS) winning the S3 3Km race and recording the third fastest time overall. Sam's time was 12:15 and the only two athletes finishing ahead of him were fifth and six year pupils.

2014 SDS East Series 3 – Peffermill, Edinburgh

DSF entered 55 athletes from schools and Colleges throughout the Kingdom in the 3rd Series of the East Cross Country of 2014. This was the largest representation of Fife athletes in any East Series event in the last five years. The outstanding performance in the 1Km race was by Marie Wilson (Lochgelly HS) who recorded the fastest S4 time of 5:44. In the equivalent 1Km race for boys Fife had four 1st places in the year group events. Reece Dickson S2 (Balwearie HS) finished in 4:28, Irvin Wilson S3 (Balwearie HS) completed the course in 4:13, David Duncan S4 (Glenrothes HS) recorded a time of 5:08 and Alex Fisher S5 (Balwearie HS) was the fastest boy over the distance in a time in 3:27. The performances recorded by Fife athletes over 2Km were also impressive. Year group wins were recorded by Casey Donaldson S1 (Woodmill HS) in 10:25, Calum Donaldson S3 (Woodmill HS) in 11:52, Robbie Simpson S4 (Glenrothes HS) in 9:15, Ryan Dunwoodie S5 (Balwearie HS) in 8:15 and Ryan Spearman (Fife College) in 9:56. Once again the outstanding overall performance of the day was by Sam Fernando (Bell Baxter HS) who was the highest placed athlete over 3Km and also the leading S3 athlete in a finishing time of 11:58. John Sapsed (Woodmill HS) won the S5 and Andrew Williams (Woodmill HS) the S6 race in times of 12:10 and 12:37 respectively. Finlay Skeet of Fife College was the first student home in 12:55.

2014 National Cross Country Championships – Bellahouston Glasgow

Athletes from Bell Baxter HS, Glenrothes HS, Madras College, Lochgelly HS, Woodmill HS, Balwearie HS and Fife College (Cupar Campus) represented DSF at the 2014 Scottish Cross Country Championships organised by Scottish Athletics and Scottish Disability Sport. Joyce Law (Madras College in St Andrews) won the S4 1Km in 5:35 with Marie Wilson (Lochgelly HS) finishing second. It was Casey Donaldson S1 (Woodmill HS) who recorded Fife's first win over 2Km in a time of 11:35. This was followed by Robbie Simpson (Glenrothes HS) who was the first athlete finishing in the 2Km for visually impaired athletes. Ryan Dunwoodie (Balwearie HS) rounded off a fine afternoon for the Fife boys with a win over 2Km in the S4/S5/S6 event for athletes with a learning disability in time of 8:20. By far the leading Fife performance of the day was by Sam Fernando (Bell Baxter HS) who recorded the fastest S3 time over 3Km of 12:38. Only two athletes recorded faster times than the young Bell Baxter HS pupil and they were S5 and S6 pupils. Sam trains with Fife AC and has already been identified by DSF as one of the most promising middle distance athletes in the Fife programme.

BOWLS

2013 Four Nations Championships – Kelvingrove, Glasgow

Fife disabled bowlers played a very significant role in the success of Team Scotland at the Four Nations Championships held at Kelvingrove in Glasgow in 2013. Competing in the triples for physically disabled bowlers and Team Clyde were Billy Allan (Cowdenbeath), Michael Simpson (Auchtermuchty), Martin Hunter (Burntisland) and Kevin Wallace from the Forth Valley area. In the triples final the Scots recorded a fine gold medal win over England by 17-7. Martin is a newcomer to the squad and was the only bowler not involved in Team Scotland at the World Championships in South Africa three years ago. Singles world champion Maria Spencer (Dunfermline) partnered Robert Conway from the West of Scotland to a fourth place finish in the mixed pairs for visually impaired bowlers as a member of Team Clyde. Also selected to represent Scotland at this most prestigious event in preparation for the Para-sport section of Glasgow 2014 was Eleanor Clark (Kirkcaldy). Team Clyde finished behind Team Kelvin in the overall competition but the bowlers had the satisfaction of winning the triples title repeating their performance at the Commonwealth Games in Manchester. Bob Dick from Cupar was the Head Coach of Team Scotland that proudly included Five DSF members.

2013 Bowls Scotland Eight Nations Commonwealth Invitation Championships – Kelvingrove, Glasgow

DSF was well represented in the Scottish Disability Sport teams that competed in the Bowls Scotland Eight Nations Commonwealth Invitation Championships at Kelvingrove Lawn Bowls Centre in Glasgow in August 2013. Four bowlers and two support staff from Fife were involved in the Para-sport bowls section. The Eight Nations resulted in similar success for Team Scotland with Team Clyde triple defeating South Africa in the final and Team Kelvin defeating Australia to take the bronze medal. Maria Spencer (Dunfermline) also competed for Team Kelvin in the visually mixed pairs B2/B3 against teams from Australia, South Africa, Northern Ireland, Wales and England. The Eight Nations competition was a preparation event for Para-sport bowls in Glasgow 2014. Scotland won the triples gold medal when lawn bowls was last contested in a Commonwealth Games in Manchester in 2002.

2013 Fife Bowls Championships – Beveridge Park, Kirkcaldy

The 2013 DSF Lawn Bowls Championships were as always held at the Beveridge Park in a slightly different format because only one green is now available. Despite the changed format of morning and afternoon competitions, the Championships ran like clockwork with some fine bowls being played throughout the day. The morning session involved Fife's leading bowlers with a learning disability competing in one of five single hand competitions, three for males and two for females. In the mens Open Darryl Stewart (Cowdenbeath) retained his Fife title with a win over Craig Donaldson (Kinghorn). In the equivalent competition for Fife's leading female bowlers, Wendy Thomson (St Andrews) defeated Michelle Wallace (Kirkcaldy) in the final. The mens intermediate title was won by Jimmy Binnie (West Fife) who defeated Kevin Mustard (Kirkcaldy).

Jimmy Ramsay (Robert Gough Centre) won the mens novice competition by defeating Fergus Wilson (West Fife CSS). The intermediate competition for female players with a learning disability was won by Morag Wilson (Robert Gough Centre) who defeated Jeanette Bennet (St Clair Centre). The afternoon session brought together Fife's leading bowlers with a physical or visual impairment to contest one of three single hand competitions. Wullie Harrison (Forward Centre) won the section for players who use a wheelchair by defeating his team-mate Ian Green (Forward Centre). The restricted section for ambulant players was won by Stuart Thomson (Kirkcaldy) who defeated Eleanor Clark (Kirkcaldy) in an extra end. Two of Scotland's leading physically disabled bowlers contested the mens open final and once again it took an extra end and an outstanding bowl from the 2012 Scottish Champion Martin Hunter (Burntisland) to secure the title by only 1 shot against Billy Allan (Cowdenbeath). DSF acknowledges support from the Beveridge Park Club and DSF bowls co-ordinator Matt Thomson in particular.

2013 Scottish Disability Sport Lawn Bowls Championships - Aberdeen

DSF travelled north with a very strong team for the 2013 Scottish Disability Sport Lawn Bowls Championships at the Westburn Park in Aberdeen and returned with two national titles, two defeated finalists and three losing semi-finalists from seven single hand competitions. Visually impaired National Squad members Maria Spencer (Dunfermline) and Eleanor Clark (Kirkcaldy) were the title winners in the ambulant ladies non restricted and restricted sections respectively. Four players from the Forward Centre in Glenrothes represented Fife in the section for players who use a wheelchair. Wullie Harrison had an undefeated run in the qualifying section but lost out in the final to take the runners-up spot. Fresh from victory in the triples for physically disabled bowlers at Kelvingrove, Billy Allan (Cowdenbeath) progressed comfortably to the final for a tie against Alex Ainslie from Lothian. The match went all the way to the final end but Billy just lost out on this occasion by 8 shots to 6. Wendy Thomson (St Andrews) lost out by 8-9 in the quarter finals in the section for players with a learning disability but Michelle Wallace (Kirkcaldy) had one of her best runs at the National Championships and it took an extra end to decide the outcome of a tie against the eventual winner Joan Smith from Aberdeen. Fife bowlers Darryl Stewart (Cowdenbeath) and Gary Lindsay (Leven) lost to eventual champion David Mathieson from Aberdeen at the quarter finals and semi-finals respectively of the mens open. Craig Donaldson (Kinghorn) was also eliminated in the semi-finals to complete an excellent series of results for Fife bowlers.

2013 Fife Indoor bowls Championships - Aberhill

The 2013 Indoor Bowls Championships in Aberhill produced some of the most exciting finishes in the history of the Championships. Darryl Stewart from Cowdenbeath has won the mens open for the past nine years in succession and was prevented from achieving 10 in a row by Craig Donaldson (Central Fife CSS) by only 1 shot in a thrilling 7 shots to 6 final. Craig himself has won the title on eight occasions and his victory this year brought him level with Darryl with nine mens open indoor titles. The womens open similarly was enthusiastically contested. Wendy Thomson (East Fife CSS) took the bronze medal and Julie Allan (East Fife CSS) defeated Michelle Wallace (Central Fife CSS) by 6 shots to 1 in the final. Craig Bernard (East Fife CSS) won the mens B competition with an 8 shots to 6 victory over Robert McMahon (Central Fife CSS) and in the equivalent section for women Hayley Binnie (West Fife CSS) defeated her team-mate Christine Bannister (West Fife CSS) comfortably in the final. Craig Houston (East Fife CSS) defeated his team-mate Jimmy Ramsay (East Fife CSS) in the C section final by 4 shots to 2. The novice competitions on the short carpet for men and women were won by Andrew Hunter (East Fife CSS) and Claire Farquhar (East Fife CSS). DSF is deeply indebted to East Fife Indoor Bowling Club for their continued support of the Championships and DSF bowls co-ordinator Alex McLean.

2013 DSF Carpet Bowls Champions - Glenrothes

For the first time the DSF Carpet Bowls Championships were held at the Michael Woods Centre in Glenrothes with support from the Fife Sports and Leisure Trust. Ian Green (Central Fife CSS) won the section for wheelchair bowlers by defeating his team-mate Jim Donaldson (Central Fife CSS) in the final. In the ambulant restricted mixed section for physically and visually impaired bowlers Neil Laughlan (Central Fife CSS) defeated the experienced Eleanor Clark (Kirkcaldy) for a surprising yet well deserved victory. There was another shock at the Championships when

Scottish internationalist Billy Allan (Cowdenbeath) was defeated by Drew Sneddon (Central Fife CSS) by 9 shots to 4. There were five sections for bowlers with a learning disability, three for men and two for women. Sections are graded accordingly to playing ability and Morag Wilson (East Fife CSS) defeated Audrey Hunter (Central Fife CSS) in the B competition to win her first ever bowls title. In the open section for women bowlers with a learning disability Michelle Wallace (Central Fife CSS) defeated Wendy Thomson (East Fife CSS) to take the title. In the mens Section C competition Andrew Hunter (East Fife CSS) took the title with a victory over Freddie Miller (Glenrothes). The B section was an all East Fife CSS affair with Craig Houston defeating Craig Bernard by 9 shots to 2. The mens A section competition is always closely contested and very often the case of who will manage to defeat the outstanding Craig Donaldson (Kinghorn). Robert McMahon (Kirkcaldy) was the bowler who produced the turn up of the 2013 Championships by defeating his Central Fife CSS team-mate in the final by 6 shots to 3. As always DSF is indebted to volunteer bowlers from clubs in Central and East Fife for their support as markers. Thanks to DSF bowls co-ordinators Alex McLean and Matt Thomson.

2014 Scottish Disability Sport Carpet Bowls Championships – Glasgow

Craig Donaldson from Kinghorn Bowling Club and Central Fife CSS is one of the country's leading bowlers with a learning disability. For over two decades Craig has excelled in indoor, lawn and carpet bowls at local and national level and at the Castlemilk Sports Centre in Glasgow he played one of his best Championships to date and won the national title with a 20-9 victory over Lothian's Ewan Wright. This was Craig's third National Carpet Bowls title but one of the most satisfying. Craig's team-mate Robert McMahon made it to the semi-finals but lost out to the Lothian player. Wullie Harrison (Central Fife CSS) finished runner-up in the mixed section for wheelchair users losing out 7-16 to Tricia Kirk from Dundee. Wullie's team-mate Kenny Dow (Glenrothes) also lost out in the final by the narrowest of margins to reigning champion Gary Whitfield from Lothian 11-13. By far the outstanding performance by a woman bowler was that of Tanis Murphy (East Fife CSS) who reached the semi-final in the womens open for players with a learning disability and was defeated by the eventual winner Amanda Craig from Lothian.

2013 UK Singles Championships for Visually Impaired Bowlers – Glasgow

The 2013 UK Singles were held at the West of Scotland Club in Glasgow. Scotland is currently riding high in performance bowls as a consequence of a second place finish at the IBD World Championships in South Africa in 2010. On home soil the Scots coasted to victory in the Team Championships with a total of 93 points, 21 ahead of England who finished in second place with Wales third and Ireland fourth. Two Fife bowlers were in outstanding form. Marie Spencer (Dunfermline) won the gold medal in the ladies B3 section and repeated her performance of the World Championships in South Africa. Eleanor Clark (Kirkcaldy) one of the most experienced members of the Scottish team managed an excellent bronze medal in the B2 womens section.

BOCCIA

2013 Boccia European Championships - Portugal

Kieran Steer (Crossgates) is the first boccia player from Fife to excel in the Paralympic sport of boccia. The young DSF player was in Guimaraes, Portugal competing for Great Britain in the European Championships in June 2013. In the BC4 pairs competition, the all Scottish line up of Stephen McGuire, Kieran and Jamie McCowan won the gold medal and retained the European title for GB with a 6-1 win over Hungary. GB has an outstanding track record in international boccia in the BC4 class and in his first major selection for GB Kieran played a pivotal role. In the BC4 singles competition Kieran competed in one of seven pools of four players winning convincingly against opponents from Ukraine and Hungary but losing narrowly to the pool winner Viera Domingo from Portugal. Kieran progressed with his two fellow Scottish BC4 players to the elimination stages but lost to an experienced Hungarian player. A brilliant introduction to international boccia for the young Fife player who moved to 14th place in the European rankings.

2013 Cheshire Boccia International

Following on from his success at the European Championships Kieran Steer travelled to Cheshire for the Cheshire Open. Playing for Team GB, Kieran's fellow team members were Scots Jamie McCowan and Peter McGuire. The winners of the gold medal were Team Scotland with Team GB and Kieran as a member finishing in the runners-up position. Following the Cheshire Open Kieran competed in the 2013 British Championships and in his first match of his qualifying section of three Kieran lost by 6-5 to fellow Scot Jamie McCowan. This turned out to be a crucial game in the section and despite wins of 12-0, 10-3 and 6-0 in his three remaining section games Kieran was unfortunate not to progress to the semi-finals. Kieran's overall finishing position was fifth and considered another step towards his overall goal which is one day to represent Great Britain at a Paralympic Games.

Paralympic Schools Championships - Brazil

Kieran Steer (Crossgates) rounded off 2013 with an outstanding international performance at the fourth and largest Paralympic Schools Championships in Brazil, the venue for the 2016 Paralympic Games. Around 2000 international students participated in a wide range of sports and in boccia there were 117 participants. Kieran achieved his greatest success to date as an international boccia player by winning the gold medal in the BC4 class. He started his campaign with convincing wins in his pool matches but once again lost out narrowly to Scot Jamie McCowan by 1-3. The two Scots however progressed comfortably to the semi-finals where Kieran defeated the South American junior champion 5-3 with a brilliant final ball and Jamie overcame his Brazilian opponent quite comfortably. The all Scottish/British BC4 final was staged on day 4 of the competition with Kieran dominating the opening exchanges and racing to an early lead which he held throughout. The young Fife player eventually lifted the title by the winning margin of 9-3 to record his major international success to date.

2014 Scottish Boccia Championships – The Peak, Stirling

Kieran Steer (Crossgates) achieved one of his major goals for 2014 by winning his first ever Scottish BC4 title at the Peak in Stirling. The young DSF player had to defeat all his main Scottish and British rivals to lift his first national title and did this by playing his best boccia in a major event in Scotland to date. Kieran defeated GB international Peter McGuire by 4 shots to 1 in the semi-final after successfully progressing from his qualifying pool. In the final Jamie and Kieran levelled at 3 shots apiece before Kieran took the title by 4-3 following a double tie break. Kieran trains at Crossgates Community Centre and the Peak in Stirling. Kieran makes full use of the gym at the Michael Woods Centre with support from the Fife Sports and Leisure Trust and is a Scottish Disability Sport Academy athlete.

FOOTBALL

2013 DSF 7s League

Last year Balwearie HS pupils were the 7s DSF Football League champions for the first time. The League was run over three Series at Kirkcaldy HS with support from the Scottish Football Association. The Series had to be cut to a two mini league competition because of inclement weather and players from Glenrothes HS, Balwearie HS, Woodmill HS and defending champions Lochgelly HS took part. The critical match in each of the Series involved Lochgelly HS and Balwearie HS. In each instance Balwearie HS pupils won by the odd goal and lifted the title for the first time in the three years of the League's operation. Balwearie HS players travelled to Ravenscraig in Glasgow in the West of Scotland for the National Finals along with Fife runners-up Lochgelly HS. Darryl Gibson and Lloyd Simpson from Lochgelly HS were top goal scorers with eight goals apiece and received Scottish FA commemorative medals. The leading goalkeeper of the Series was Atlanta Crawford from Balwearie HS voted on by the participating schools support coaches. DSF is indebted to the Rector, pupils and staff from Kirkcaldy HS for hosting the League and volunteer referees from the Fife Referees Association. Presentations were made by David McArdle and Ian Lowe from the Scottish FA.

Scottish FA / Scottish Disability Sport National 7-a-side Football Championships - Toryglen

Glenrothes Strollers entered a team for the Senior B competition and Balwearie HS and Lochgelly HS entered teams in the Junior A section at the 2013 Championships. Participating teams travelled from all over Scotland to compete in the excellent Toryglen facilities located beside Hampden Park. The Strollers offer a very successful coach led programme on Saturday mornings and DSF works in partnership with the club to ensure that as many players as possible are offered the opportunity to play football. The Strollers club is very inclusive and offers football opportunities for players of all ages and abilities. The Strollers recorded their most significant performances to date with two wins and two drawn games and only a single loss against the eventual champions Highland United. Lochgelly HS and Balwearie HS entered the Junior A section with the Balwearie HS pupils recording two wins and one drawn match.

2014 7s Football League

One of the major successes in the DSF competition programme over the last few years has been the 7s League programme run in conjunction with Kirkcaldy HS and the Scottish FA. The League is run over three Series at Kirkcaldy HS and in 2014 DSF introduced a League programme for S1/S2 pupils to run alongside the well established S3-S6 competition. This is the fourth year that the 7s League has been held with support from the Scottish FA. After Series 1 Balwearie HS pupils took a 2 point lead over Lochgelly HS. Series 2 was a repeat of Series 1 with the Kirkcaldy pupils edging ahead of their Lochgelly rivals. In Series 3 Balwearie HS remained undefeated in the senior competition with Lochgelly HS taking the runners-up shield. The S1/S2 tournament was introduced at Series 2 with the appearance for the first time of pupils from Buckhaven HS, Madras College, Bell Baxter HS in addition to Balwearie HS and Lochgelly HS. After six matches where schools played against each other, Balwearie HS juniors scored a maximum 9 points with Madras College/Bell Baxter HS finishing runners-up with 7 and Buckhaven HS with 5. In Series 3 the overall result was in doubt until the final kick in the final match and only 2 points separated the top two teams over two days of play. The 3-2 goals victory for Balwearie HS over Madras College/Bell Baxter HS in Series 2 followed by a nil-nil draw in Series 3 resulted in Balwearie HS juniors taking the title by the narrowest of margins. In joint third place were the pupils from Buckhaven HS and Lochgelly HS. Balwearie HS celebrated victories in both the junior and senior 7s League this year. DSF is indebted to the Scottish FA referees Alistair Watt and John Cooper for their support over the 3 Series. DSF also acknowledges the support of Rector Derek Allan, Principal Teacher of PE Malcolm Stewart and the pupils of Kirkcaldy HS.

BADMINTON

Disability Sport Badminton Festival

DSF enjoys a very special relationship with the students of the University of St Andrews. The Saints have at different times financially supported individuals and teams of DSF members in their quest for excellence in disability sport. In March 2014 the University Badminton Club hosted a Festival at the University Sports Centre for players with additional support needs. 32 young players from Balwearie HS, Lochgelly HS, Glenrothes HS and Madras College travelled to St Andrews for a session on badminton skills and fun activities. Jane Russell from Badminton Scotland and Alex Bird from Active Schools led the session with support from the University badminton players and support staff. DSF is indebted to the University Badminton Club and Maneesh Kuruvilla in particular for their support.

2014 DSF Badminton Championships

For the first time the DSF Badminton Championships were held at the new Kirkcaldy Leisure Centre. 40 participants competed in one of six divisions based on player ability, gender and age. Junior athletes from Lochgelly HS, Balwearie HS and Kilmarnock School competed along with senior athletes from East and West Fife Community Support Services plus individual sports clubs in membership of DSF. In the junior girls division 6 event Jennifer Paton (Balwearie HS) defeated her team-mate Kirsty Fraser by 2 games to 0 to win the title. In the equivalent boys events Suroop Sually (Balwearie HS) defeated his team-mate Stuart Taylor by 2 games to 0 to become Fife's junior boys champion. The senior womens division 4 event was won by Claire Chue Hong

(Kirkcaldy) who defeated Pauline Bryson (West Fife CSS) in the final. In the senior mens division 3 event Wullie Christie (East Fife CSS) defeated Graham Law (Glenrothes) to win the title. The senior mens division 2 title was won by Robert Anderson (Glenrothes) who defeated Ryan Melville (Kirkcaldy) in the final by 2 games to 1. Stephen Burns from Carnock won the senior mens division 1 title by defeating Lloyd Simpson (Fife College). The Championships were once again supported by the Fife Sports and Leisure Trust and included the largest entry in the history of the event.

Four Nations Para-badminton Competition – Glasgow

John Hick from Glenrothes made his debut at the 2014 Championships and became the first ambulant physically disabled player from Fife ever to make the finals. John's first Championships could not have been tougher coming up against international players Alan Oliver and Neil Jarvie in his initial matches. It was very much a learning experience and with support from coach Alex Bird he will return. John is determined to be a stronger player in 2015.

TABLE TENNIS

Wilma Catignani continues to support a small number of Fife table tennis players interested in table tennis. Religiously Wilma supports Craig Donaldson (Kingshore), Louisa Ramsay (Glenrothes) and Robert McMahon (Kirkcaldy) for events organised in Dundee and Aberdeen. Craig and Louisa are the reigning Fife mens and womens table tennis champions and Wilma's commitment to developing the sport has ensured they have regular opportunities to compete against Scotland's leading players in Tayside, Grampian and Fife. Table tennis is still part of the DSF programme but numbers at the present time are relatively small.

GOLF

2013 9th Fife Disability Open golf Competition – Elmwood Golf Course Cupar

The 9th Fife Open Golf competition organised by SRUC Elmwood Campus in conjunction with DSF was held at Elmwood Golf Club in April 2013. 51 players, the largest number in the history of the competition travelled to Fife for one of the most popular golfing events in the annual calendar for disabled golfers. The partnership between the College, Elmwood Golf Club and DSF has grown in strength since the event was first established and has contributed enormously to the interest in disability golf across Fife and throughout Scotland. College students play an enormous role in the hosting of the Championships from on course support of players to event administration. DSF golf co-ordinator Craig Martin from Fife College is the event organiser who puts an enormous amount into the organisation of the event. Novice golfers are able to contest the skills based challenge and more experienced players can compete in 9 hole and 18 hole competitions. Particularly pleasing in 2013 was the large entry of novice players from Glenrothes High schools who contested the skill based challenge. Jordan Dunn from Glenrothes HS won the division 3 skills based challenge and the division 2 winner was Stuart Brennan from SRUC Elmwood Campus. The division 1 title with an excellent score of 64 points was won by Craig Wight from Glenrothes HS with his team-mates Ben Johnston and Aden Gallacher collecting the runners-up spots. The schools based challenge involves players in a short putt, long putt, chip shot, pitch shot, long iron and drive. The division 3, 9 hole competition resulted in a win for Aiden Harrison (Buckhaven) with Craig Bernard (Robert Gough Centre) taking second place. Oliver McGowan (Fife) was runner-up in the division 2 competition. The division 3, 18 hole competition runners-up medal was won by Allan Robertson (Glenrothes) with Lloyd Simpson (Methil) taking third place. The division 2 title was won by physically disabled golfer Trevor Crombie (Kirkcaldy and Balbirnie Golf Club) with a net score of 66. Ruairidh Deans (Kilconquhar) was second in the division 1 competition with a fine score of 69. Although the weather was once again unkind to the participants the 2013 Fife Open was judged an outstanding success. Well done the student helpers in particular.

PARA-ROWING

Graham McIntyre from Leven has become the first DSF member to pursue a sporting pathway in Para-rowing. As well as being involved in a strenuous static rowing programme at the Michael Woods Centre, Graham has been travelling to Strathclyde Park for coaching advice from Scottish Rowing's John Blair who works with Scotland's Para-rowers. Graham is currently working on a training and conditioning programme prepared by Scottish Rowing and supported by the Fife Sports and Leisure Trust staff team.

ARCHERY

B.W.A.A. 9th International Invitation Event and National Championships – Stoke Mandeville

Brad Stewart from Ladybank continues his progress to gain selection for the Great Britain Disability Archery Team. Brad is a member of the GB Confirmation Squad and recently recorded impressive performances at the 9th International Invitation Event and National Championships in Aylesbury. At the National Championships Brad won a bronze medal in the W2 class for recurve archers and finished in 5th place overall in the international event. Archers from Ukraine, Malaysia, Brazil, Norway, Poland, Switzerland and Azerbaijan participated. Brad is currently the leading Scottish archer in his class.

SPECIAL AWARDS

Local Sports Council Awards

Disability Sport Fife nominated and prepared a detailed profile on each of the following athlete members and submitted them for consideration by Area Sports Councils for Awards Evenings held during 2013/2014.

East - Stefan Hoggan (swimming), Derek Rae (athletics), Brad Stewart (archery), Michael Simpson (bowls)

Kirkcaldy and Central - Lucy Walkup (swimming), Derek Rae (athletics), Martin Hunter (bowls), Craig Smith (swimming)

West - Craig Rodgie (swimming), Owen Miller (athletics), Billy Allan (bowls), Kieran Steer (boccia), Maria Spencer (bowls)

Winners of the principal awards were – Lucy Walkup (Kirkcaldy & Central), Maria Spencer (West) and Michael Simpson (East). Craig Smith won the Gary Innes Memorial Award at the Kirkcaldy and Central Fife Awards Evening.

St Andrews Kilrymont Rotary Club – Disabled Sports Person of the Year

Derek Rae from Kirkcaldy and Anster Haddies was awarded the St Andrews Kilrymont Rotary Club Disabled Athlete of the Year Quaich in 2014 and a Rotary Bursary.

2013 SDS AGM and Awards Evening

The SDS Silver Salver – Most Talented Newcomer was awarded to Kieran Steer (boccia).

2013 SDS Academy Athletes

Brad Stewart (archery), Owen Miller (athletics), Derek Rae (athletics) and Kieran Steer (boccia) became SDS Academy athletes in 2014 and received coaching grants.

Bill Pullar Bursaries

Brad Stewart (archery) was the winner of the main Bill Pullar Bursary in 2013. Derek Rae (athletics) also received a smaller bursary.

Provost Lunch

Provost, Jim Leishman, MBE and Depute Provost Kay Morrison hosted a celebration lunch for a number of Fife's leading high performance athletes. Craig Rodgie (swimming), Lucy Walkup (swimming) and Owen Miller (athletics) plus their coaches and families attended. Kieran Steer (boccia) was invited but unable to attend because of competition commitments.

Disability Coach of the Year

John Szaranek, Head Coach of Carnegie Swimming Club was voted Tayside and Fife Disability Coach of the year in 2013 and the **sportscotland** Disability Coach of the year as a Regional winner. John coaches Lucy Walkup, Stefan Hoggan and Lara Ferguson (Masters).

Participation and Learning 2013/2014

Key Facts – Weekly Sessions

- 117 teenagers/adults of all levels of ability with additional support needs have registered for Wednesday evening/Thursday morning multi-sports sessions at the Michael Woods Centre in the year past. A significant number have one to one support. Average weekly attendances in 2014 = 90 plus.
- DSF has grown its three run, jump and throws sessions in East, Central and West Fife to 69 registered athletes and an average weekly attendance of 52. Athletes with a physical, sensory or learning disability attend.
- Twilight/forenoon swimming sessions are now offered weekly in Cupar, Glenrothes, Cowdenbeath and Dunfermline for swimmers of all levels of ability with different impairments. All participants compete for Fife teams. The Central Fife provision has grown to three sessions in 2014 involving upwards of 40 swimmers weekly.
- Young learners with physical impairments can access discrete learn to swim sessions in Dunfermline and Glenrothes plus indoor FUNdamentals in Glenrothes.
- Racquet sports and badminton sessions in Central Fife are thriving with weekly attendances of 35 plus.

Key Facts – Education and Training

- Poolwork Course – Lochgelly HS
- Boccia Leaders Course - Glenrothes
- Five Disability Inclusion Courses in conjunction with Scottish Disability Sport and PEPAS
- Disability Inclusion Workshop in partnership with East Fife Sports Council
- Badminton Workshop in conjunction with Badminton Scotland
- Three Fife coaches attended Level 1 Scottish Athletics Course
- Three Fife coaches attended SDS/Scottish Swimming Inclusive Swimming Coaching Course
- Mini Wheelchair Racing Workshop held in 2014 with others to follow
- Badminton Festival held at St Andrews University with 36 athletes plus staff. Delivered in conjunction with Badminton Scotland and Active Schools
- Scottish FA hosted a Disability Football Inclusive Coaches Course in Fife during 2014

2014 Disability Sport Fife Sport Festival

Financially Supported by Fife Council Community Grants Scheme and Fife Sports and Leisure Trust

Pat Gemmell Memorial Team Trophy

	EFCSS	CFCSS	WFCSS
Archery Men Division 3	2	0	1
Archery Men Division 2	2	0	1
Archery Men Division 1	2	0	1
Archery Womens Open	1	0	0
Unihoc Div 2	2	0	0
Unihoc Div 1	4	2	0
Soccer Division 3	2	0	0
Soccer Division 2	0	0	2
Soccer Division 1	0	0	2
Badminton Men Division 3	1	0	0
Badminton Men Division 2	0	0	1
Badminton Men Division 1	0	0	1
Badminton Womens Open	1	0	2
Mens Trophy Race	0	2	1
Womens Trophy Race	1	0	0
A. H. Brodie Team Trophy	4	2	6
Sonia Kane Memorial Relay Trophy	4	2	6
Total	26	8	24

Individual events 3, 2, 1

Team events 6,4,2 or 4,2 or 2

Points allocated depend on number of Centres participating in a single event.

RESULTS

1. ARCHERY ARCHERS WITH A LEARNING DISABILITY

Men Division 3

1 st	Craig Hunter	East Fife CSS
2 nd	Steven Penman	West Fife CSS
3 rd	Tristan Rankine	West Fife CSS

Men Division 2

1 st	Craig Houston	East Fife CSS
2 nd	Aaron Kean	West Fife CSS
3 rd	Rickie Ballingall	East Fife CSS

Men Division 1

1 st	Martin Doran	East Fife CSS
2 nd	Michael Wilkie	East Fife CSS
3 rd	Paul Arthur	West Fife CSS

Womens Open

1 st	Tanis Murphy	East Fife CSS
2 nd	Andrea Spry	East Fife CSS
3 rd	Jemma Hancock	East Fife CSS

2. UNIHOC**Division 3**

1 st	Fife College (Cupar Campus) - Stones
2 nd	Fife College (Cupar Campus) - Sticks

Division 2

1 st	Fife College/Scottish Autism - Spartak
2 nd	Fife College/Scottish Autism – Red Star
3 rd	East Fife CSS (2)

Division 1

	ENGRAVIA TROPHY CENTRE TROPHY	LADIES
1 st	East Fife CSS (1)	
2 nd	Fife College (Cupar Campus)	

3. SOCCER**DIVISION 5**

1 st	Scottish Autism/Kilmarnon - City
2 nd	Scottish Autism/Kilmarnon - United

DIVISION 4

1 st	Balwearie Inter
2 nd	Balwearie Real

SOCCER**DIVISION 3**

1 st	East Fife CSS (1)
2 nd	East Fife CSS (2)

SPURS CUP**SOCCER
DIVISION 2**

1 st	Fife College (Cupar Campus)
2 nd	Lochgelly HSSC (2)
3 rd	West Fife CSS (2)

ROSYTH DOCKYARD TROPHY**SOCCER
DIVISION 1**

1 st	Fife College (Glenrothes)
2 nd	West Fife CSS (1)

FIFE REGIONAL COUNCIL CUP**4. BADMINTON****PLAYERS WITH A LEARNING DISABILITY****Division 3**

1 st	Wullie Christie	EFCSS
2 nd	Graham Law	Glenrothes
3 rd	James Murphy	Scottish Autism

Division 2

1 st	Robert Anderson	Glenrothes
2 nd	Ryan Melville	Kirkcaldy
3 rd	Wayne Sammut	West Fife CSS

Division 1

1 st	Stephen Burns	Carnock
2 nd	Lloyd Simpson	Fife College (Glenrothes)
3 rd	Phillip Callander	West Fife CSS

Womens Open

1 st	Claire Chue Hong	Kirkcaldy
2 nd	Pauline Bryson	West Fife CSS
3 rd	Tanis Murphy	East Fife CSS

Juniors - Boys

1 st	Suroop Sually	Balwearie HS
2 nd	Stuart Taylor	Balwearie HS
3 rd	Dylan Fotheringham	Balwearie HS

Juniors - Girls

1 st	Jennifer Paton	Balwearie HS
2 nd	Kirsty Fraser	Balwearie HS
3 rd	Marie Wilson	Lochgelly HS

5.

SWIMMING**TROPHY RACE****MEN**

1 st	Craig Donaldson	Central Fife CSS
2 nd	Ian Hutcheson	West Fife CSS
3 rd	Steven Penman	West Fife CSS

WOMEN

1 st	Tanis Murphy	East Fife CSS
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6.

SWIMMING**ANNE H. BRODIE TROPHY**

(overall points at swimming gala)

1 st	West Fife CSS	54 points
2 nd	East Fife CSS	37 points
3 rd	Central Fife CSS	22 points

7.

SWIMMING**SONIA KANE MEMORIAL TROPHY**

(highest placings in relays - mixed)

1 st	West Fife CSS (1)	6 points
2 nd	East Fife CSS	4 points
3 rd	Central Fife CSS	2 points

8.

PAT GEMMELL MEMORIAL TROPHY

(total points gained by Centres throughout Sports Festival)

1 st	East Fife CSS	26 points
2 nd	West Fife CSS	24 points
3 rd	Central Fife CSS	8 points

SPORTS SPECIFIC HISTORIES

ARCHERY

- DSF hosted the first National Outdoor Archery Championships as part of the Fife Games in 1981.
- DSF established the first National Disability Archery Postal Shoot in the 90s, co-ordinated by DSF archery co-ordinators Gwyn Jones and the late Mike Broderick.
- DSF archers contributed considerably to Scottish national team successes at British Championships for over 25 years.
- DSF members were very successful in National Indoor team archery events held throughout Scotland between 1985 and 2005.
- DSF has included archery as part of the Annual Junior Multi-Sports Festival.
- Archer Jim Martin from Anstruther was a Paralympian in 1984.
- David Cowieson, Brad Stewart and Gwyn Jones have been Fife's leading physically disabled archers since 1984.

ATHLETICS

- The first Fife Track and Field Championships were established in 1976.
- In 1981 DSF and the Regional Council introduced the Fife Games to the Scottish Disability Sport calendar as a contribution to the International Year of Disabled People. The Fife Games included athletics, archery and cross country and attracted entries from all over the UK throughout the 80s and 90s.
- DSF is consistently represented at the Scottish Disability Sport Junior and Senior Track and Field Championships with considerable success.
- In the 90s DSF had a wheelchair track team of eight to ten athletes and the Glenrothes Road Running Festival hosted a 10K wheelchair race which attracted entries from all over the UK.
- In 2009 athletics was added to the sports offered under the DSF VORTEX programme. A new session was set up at Pitreavie Athletics Centre and numbers have grown steadily.
- All of Fife multi-sports sessions include track and field athletics during the summer term.
- Since 2006 DSF has supported the Scottish Disability Sport / Scottish Athletics East Series Cross Country and National Championships with considerable success.
- The Fife Track and Field Championships are now the major event on the DSF events calendar.
- DSF has successfully supported the National Sports:hall athletics event since Scottish Disability Sport introduced the event to the national calendar and won its first team title in 2014.
- Colin Keay, Caroline Baird, Owen Miller, Derek Frew, Kenny Suttie, Paul Johnston, Nicky Diatchenko and Derek Rae have been Fife's leading athletes since 1984.

BADMINTON

- In 2009 DSF added badminton to the priority sports being developed across Fife for children, young people and adults with a physical or learning disability.
- Badminton has always been one of a number of racquet sports included in the weekly multi-sports sessions offered at the Fife Sports Institute for adults with a learning disability and also during the Annual Junior Multi-Sports Festival.
- Badminton was added to the coach led sports offered under VORTEX and also the previous DSF Big Lottery funded programme IMAGE.

- The first Fife Badminton Championships were held in 2009 during Sports Festival Week and attracted a single figure entry. The 2014 Championships had an entry of 40 adults and juniors competing in seven divisions.
- With funding from Celebrating Fife 2010, an Inter Area competition was organised at the Cowdenbeath Leisure Centre involving participants from East, West and Central Fife.
- DSF currently offers weekly badminton sessions in Central Fife.
- With encouragement from DSF, badminton is now included in the sports development programmes of specific Fife schools for pupils with additional support needs.
- Kirsty Jones (Glenrothes) became the first physically disabled player to excel in international disability badminton.
- John Hick became the first ambulant physically disabled sportsman from Fife to compete in the Four Nations Badminton event.
- St Andrews University hosted a badminton Festival in 2014 for DAS schools.
- DSF and badminton Scotland hosted the first badminton workshop for staff and volunteers.
- DSF submitted a Lottery application in 2014 to access funding to provide beginner badminton equipment for key partners.

BOCCIA

- DSF introduced boccia to the weekly sessions programme in 2006.
- DSF introduced boccia to the Junior Multi-Sports Festival for physically and sensory impaired youngsters in 2005.
- Kieran Steer emerged from a DSF Multi-Sports Festival as a player with potential and is now an established GB international player challenging for a place in the GB Team for Rio in 2016.

BOWLS

- The first bowls competition organised by DSF was on the outdoor green at Lynebank Hospital in Dunfermline in 1977. The Championships were organised in conjunction with Alex McLean and bowls colleagues at the Rosyth ATC.
- DSF introduced the first Carpet Bowls Championships to the Fife calendar at Woodmill HS Community Use in 1978.
- In 1981 DSF collaborated with Scottish Disability Sport to introduce the first Scottish Carpet Bowls Championships to the national calendar at the Lochgelly Centre. The Championships were funded by Fife Regional Council as a DSF and Council contribution to the International Year of Disabled People.
- Bowls in Fife progressed because of the interest taken by Social Work staff members in the Fife Resource Centres. Alex McLean, Betty McLean, Jimmy Smith, Christine Easton and the late Ian Cowper were key to bowls development in Fife.
- DSF members have for the last 30 plus years consistently performed well at the National Carpet Bowls Championships and National Lawn Bowls Championships organised by Scottish Disability Sport.
- With support from Celebrating Fife DSF introduced a new bowls event to the national calendar specifically for players with a learning disability. The first Inter Area Bowls Test Match was held at Beveridge Park in 2010.
- In 2009 DSF played an important role in supporting Scottish Disability Sport to host the Test Match against England at the Beveridge Park in Kirkcaldy in preparation for the World Championships.
- Fife physically disabled and visually impaired bowlers have consistently featured for Scotland in Home International and World Championship events.
- DSF introduced lawn bowls coaching sessions at the Beveridge Park in Kirkcaldy in May 2011. Special thanks to DSF Bowls Co-ordinator Matt Thomson and members of the Beveridge Park Club.
- DSF enjoys incredible support from the members of the East Fife Indoor Bowling Club. The Club has hosted annual Fife Championships for players with a learning disability for over 20 years.

- DSF enjoys amazing support from members of the Beveridge Park Club in Kirkcaldy, venue for the Fife Championships for over 20 years.
- Fife's leading bowlers have been Billy Allan, Michael Simpson, Eleanor Clark, Martin Hunter, David Thomson, Maria Spencer, Craig Donaldson, Pamela Mitchell and Darryl Stewart.
- Michael Simpson and Billy Allan were selected for Team Scotland for Para sport bowls for Glasgow 2014.

GOLF

- Since 2004 DSF has partnered Elmwood College in hosting the Annual Fife Open Golf Championships at Elmwood Club in Cupar.
- Brian Crombie from Glenrothes and the Balbirnie Golf Club is a past one armed golfing world champion who also brought the World Championships to the Balbirnie Golf Club in early 2000.
- Craig Martin from Elmwood College has been the driving force behind the development of golf for players with a learning disability in Fife and beyond.
- The 2014 Fife Open Golf Championships included a skills tests section plus 9 and 18 hole competitions.

FOOTBALL

- Since 1975 DSF has promoted 5-a-side football for adults with a learning disability as part of the Annual Fife Sports Festival.
- Football has for the past three decades been included in weekly club and multi-sports programmes held across Fife.
- Thanks to coaching grants from the Scottish FA East of Scotland coaching manager weekly coaching sessions have been offered to players with a learning disability in Central and West Fife.
- Thanks to a Fife Council Community Events Grant there has been an increased number of football teams participating in the Fife Championships.
- In 2010 DSF became involved in the National 7-a-side Junior League and organised the first Fife Schools 7s League in the same year. Five schools are now signed up to the League.
- Improved promotion of the SDS 5-a-side Championships has led to greater involvement by DSF in the SDS National Championships.
- In 2014 DSF introduced an S1/S2 7s competition to run in parallel to the S3/S6 event.

SWIMMING

- From 1970 through to 2012 the Fife Sports Institute was the hub for disability swimming in Fife.
- DSF has organised as many as six swimming galas in any one year for swimmers of all ages and abilities with a disability.
- DSF members have an outstanding record in national championships organised by Scottish Disability Sport, Disability Sport England and international disability swimming organisations.
- Glenrothes Swimming Club had eight Paralympic swimmers training with the club during the 80s/90s.
- Fife representative swim teams have excelled over the years as team winners at the National Championships and Inter Region Championships.

- DSF Vortex and Parallel Sport coach led swimming sessions are offered weekly across Fife in Leisure Trust and Council facilities. Community based multi-sport sessions offer swimming sessions in specific venues.
- The Inter Schools ASN gala and Brodie Gala have been running since the 70s and provide opportunities for swimmers of all levels of ability with additional support needs.
- DSF enjoys a very healthy relationship with mainstream swimming clubs across Fife and over the years DSF personnel have supported the inclusion of DSF members in mainstream clubs.
- Fife's leading swimmers since 1984 have been Paul Noble, Tracy Wiscombe, Lara Ferguson, Iain Matthew, Craig Rodgie, Paul Johnston, Rebecca Lee, Lucy Walkup, Adam Morley and Anna Tizzard.
- In 2014 there are 4 weekly discrete coach led sessions run by DSF and two discrete learn to swim sessions organised in partnership with the Trust.

TABLE TENNIS

- DSF first hosted a Fife Table Tennis Championships as part of the Annual Sports Festival in the mid 70s.
- DSF hosted the first SDS National Championships at the Fife Sports Institute in 1976.
- DSF was involved in setting up and hosting the National Table Tennis League at the Fife Sports Institute during the 80s and 90s. DSF table tennis co-ordinator Wilma Catignani played a key role with George Keith from Aberdeen.
- Paul Noble and Lara Ferguson have been the most successful Fife physically disabled players at the National Championships. Craig Donaldson (St Clair Centre) and Stephen Burns (Carnock) have for many years been the top players with a learning disability.
- DSF sent strong teams to the National Championships up until the final event in Inverurie in 2003.
- Table tennis coaching sessions are included weekly at the multi-sports sessions offered within Leisure Trust facilities.

TENNIS

- Daniel Tunstall from St Andrews raised the bar in performance deaf tennis by his achievements at national and international level. Daniel was coached by Mike Aitken in St Andrews.
- In 2013 DSF with support from Andrew Raitt of Tennis Scotland secured two tennis wheelchairs from the Dan Maskell Foundation.
- In 2011 DSF introduced tennis coaching at Queen Anne HS to the sessions programme offered throughout the year.
- In 2014 DSF is working with Dunfermline and Falkland Tennis Clubs to provide inclusive tennis coaching over the summer months.

TEN PIN BOWLING

- 10 Pin Bowling was added to the Fife calendar of events at the Fraser Bowl, Glenrothes during the 90s by the late Bernard Pirie, DSF 10 pin bowls co-ordinator.
- DSF members have always had a pathway for 10 pin bowling through the Special Olympics movement.
- DSF introduced the Bumpers and Ramps Championships to the Fife calendar in 2011. Both events were co-ordinated by the late Bernard Pirie and Denise Russell.

DISABILITY SPORT FIFE AWARDS

ACCESS AWARDS for outstanding achievement in sport.

1985	Robert McMahon		William Stewart
1986	Adam Morley	2003	Andrew Bernard
1987	James Grubb		Wayne Halliday
1988	Pamela Mitchell	2004	Brian Crombie
1989	Shaun Cunningham		Fran Lucas
1990	David Miller	2005	Barbara McMillan
1991	Evelyn Neave		Eleanor Clark
1992	Eileen Fairgrieve	2006	Ian Green
	Kenneth Mort		Craig Bernard
1993	Craig Donaldson	2007	Craig Donaldson
	Dorothy Lindsay		Robbie Craig
1994	Diane Waddell	2008	Pamela Mitchell
1995	Michelle Wallace		Kirsty Jones
	David Drummond	2009	Mark Edgumbe
1996	Eileen Hutchison		Owen Miller
	Graham Bissett	2010	Eleanor Clark
1997	Ian Berry		Susie Whiteford
	Jimmy Binnie	2011	Allan Robertson
1998	Morag Wilson		Kenny Dow
	Keir Winsborough	2012	Robert Greig
1999	Dalgairn Ladies Unihoc Team		Phillip Callander
	Nicola Eccles	2013	Nikki Baxter
2000	Mark Walker		Julie Allan
	Caroline Innes		
2001	Stephen Burns		
	Pauline Latto		
2002	Billy Allan		

SWIMMER OF THE YEAR – The Leslie Inglis Trophy

1996	Anna Tizzard, Glenrothes	2005	Andrew Lindsay, Cowdenbeath
1997	Lara Ferguson, Leslie	2006	Rebecca Lee, Dalgety Bay
1998	Andrew Lindsay, Cowdenbeath	2007	Andrew Lindsay, Cowdenbeath (INCAS)
1999	Murray Davies, Dunfermline	2008	Craig Rodgie, Dalgety Bay (Carnegie SC)
2000	Stuart Mullen, Hill of Beath	2009	Craig Rodgie, Dalgety Bay (Carnegie SC)
2001	Andrew Gallacher, Glenrothes	2010	Craig Rodgie, Dalgety Bay (Edin Uni SC)
2002	Toqeer Nasir, Glenrothes	2011	Lucy Walkup, Glenrothes (Glenrothes SC)
2003	Rebecca Lee, Dalgety Bay	2012	Craig Rodgie, Dalgety Bay (Edin Uni SC)
2004	Paul Noble, Glenrothes	2013	Craig Rodgie (Edinburgh Uni Swim SC)

ATHLETE OF THE YEAR – Colin Keay Award

2011	Owen Miller, Dunfermline
2012	Owen Miller, Dunfermline
2013	Owen Miller, Dunfermline

BOWLER OF THE YEAR – McLean Award

2007	Eleanor Clark, Kirkcaldy	2011	Michael Simpson, Auchtermuchty
2008	Darryl Stewart, Cowdenbeath	2012	Maria Spencer, Dunfermline
2009	David Thomson, Glenrothes	2013	Maria Spencer, Dunfermline
2010	Eleanor Clark / Darryl Stewart		

MOST IMPROVED SWIMMER OF THE YEAR – Paul Noble Award

2007	Rebecca Lee, Dalgety Bay	2010	Lucy Walkup, Glenrothes
	Craig Rodgie, Dalgety Bay		Craig Rodgie, Dalgety Bay
2008	Lucy Walkup, Glenrothes	2011	Craig Rodgie, Dalgety Bay
	Arran Ritchie, Kirkcaldy	2012	Lucy Walkup, Glenrothes
2009	Stefan Hoggan, Auchtermuchty	2013	Lucy Walkup, Glenrothes

FOOTBALLER OF THE YEAR – Penman Family Award

2013	Andrew Williams (Woodmill HS)
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WHEELCHAIR ATHLETE OF THE YEAR – Ian McNab Memorial Trophy

1993	David Thomson, Glenrothes	Bowls	2006	Frank Duffy, Falkland	W/C curling
1994	Evelyn Neave, Glenrothes	Athletics	2007	Elaine Lister, Glenrothes	W/C curling/shooting
1995	Elaine Lister, Glenrothes	Shooting	2008	Elaine Lister, Glenrothes	W/C curling/shooting
1996	Martin McArdle, Glenrothes	Athletics	2009	Kirsty Jones, Glenrothes	Badminton
1997	Derek Frew, Glenrothes	Athletics	2010	David Thomson	W/C Bowls
1998	Andy Bird, Glenrothes	Snooker	2011	David Cowieson	Archery
1999	Nicky Diatchenko, Cardenden	Athletics	2012	Kieran Steer	Boccia
2000	Evelyn Neave, Glenrothes	Athletics	2013	Brad Stewart	Archery
2001	Derek Frew, Glenrothes	Athletics		Kieran Steer	Boccia
2002	David Cowieson, Dairsie	Archery			
2003	Derek Frew, Glenrothes	Athletics			
2004	Frank Duffy, Falkland	W/C curling			
2005	Frank Duffy, Falkland	W/C curling			

JUNIOR SPORTS PERSON OF THE YEAR – Aileen Harper Award

2007	Stefan Hoggan, Auchtermuchty (swimming)	2011	Atlanta Crawford, Kirkcaldy (Balwearie HS)
2008	Owen Miller, Dunfermline (athletics)	2012	Lloyd Simpson, Methil (Lochgelly North School)
2009	Lucy Walkup, Glenrothes (Glenrothes SC)	2013	Carter Taylor (Woodmill HS)
2010	Lucy Walkup, Glenrothes (Glenrothes SC)		

JUNIOR ENDEAVOUR AWARD – Caroline Baird Award

2008	Lewis Barnett, Cupar	2012	Craig Smith, Kirkcaldy (swimming)
2009	Fraser Wilson, Cupar		Louisa Ramsay, Glenrothes (table tennis)
2010	Martin Tennant, Cowdenbeath	2013	Callum Sloan, Dunfermline (w/c racing)
	Atlanta Crawford, Kirkcaldy		Ryan Dunwoodie, Balwearie HS
2011	Craig Smith, Glenrothes		
	Kieran Steer, Crossgates (boccia)		

SENIOR ENDEAVOUR AWARD – Tom Donaldson Award

1997	Kenneth Richards, Woodlands Centre, Dunfermline	2009	Kelly Crawford, Dunfermline
2003	James Fleming, Dalgairn Centre, Cupar	2010	Fraser Wilson, Cupar / Tonia Coe (Dalgairn Centre)
2004	Derek Forrester, Leven	2011	Craig Bernard (Robert Gough Centre)
2006	Graham Law, Glenrothes	2012	Tonia Coe (Dalgairn Centre)
2007	Morag Wilson (Robert Gough Centre)	2013	Michelle Hill (Strathmiglo)
2008	Christopher Gowans, Kirkcaldy		

SPECIAL OLYMPIANS OF THE YEAR – In memory of Ian Cowper

2006	Robbie McKenzie Smith (Dalgairn Centre)		Michelle Taylor (equestrian)
	Andrea Spry (Robert Gough Centre)		Stephen Burns (Carnock)
	Alan Hood (Robert Gough Centre)	2011	Lloyd Simpson (Methil)
2007	Stephen Burns (Carnock)		Maurice Paterson (Wormit)
	Ruairidh Deans (Kinconquhar)	2012	Neil McEwan (St Clair Centre)
	David Kerr (Guardbridge)		Keir Winsborough (West Fife CSS)
	Ryan Peterson (St. Andrews)		Maurice Paterson (Dalgairn Centre)
2008	Stephen Burns (Carnock)	2013	Graham Law (Glenrothes)
2009	Ryan Melville, Kirkcaldy		Adam Colmer (Dunfermline)
	Mary McNally, Inverkeithing		
2010	Andrea Spry (Robert Gough Centre)		

COACH OF THE YEAR – Campbell Award

2007	Garrie Roberts (swimming)	2011	Wendy Nicol (athletics)
2008	Bob Dick (bowls)		Wilma Catignani (multi-sports)
2009	Aileen Penny (athletics & swimming - VORTEX)	2012	Judy Black (boccia)
2010	Fran Cape (equestrian)	2013	Jane Russell (racquet sports)
	Rachel Edgar (athletics)		

SERVICE TO SPORT AWARD – Thomson Award

1996	Wilma Catignani (Table Tennis)	2005	Mike Broderick (Curling)
1997	Alex McLean (Bowls)	2006	Gordon and Margaret Easton (Archery)
1998	Anna Tizzard (Swimming)	2007	Judy Black (Boccia)
1999	Anne Hay (Swimming)	2008	Bernard Pirie (Swimming/10 pin bowling)
2000	Brian Herd (Athletics)	2009	Nicky Duffy (Multi-sport)
2001	John Rae (Special Olympics)	2010	Anna Capon (WFCSS)
2001	Christine Easson (Bowls)	2011	Matt Thomson (Bowls)
2002	Mike Tudor (Angling)	2012	Gil Cochrane (Athletics)
2003	Dael Wilson (Athletics)	2013	Aileen Penny (Multi-sports)
2004	Mike Broderick (Archery)		

LIFETIME ACHIEVEMENT AWARD – Gary Innes Award

2004	Adam Morley, Glenrothes (swimming)	2010	Craig Donaldson, St Clair Centre (all sports)
2006	Anna Tizzard (swimming) Pauline Latto (athletics)	2011	Barbara McMillan, Cowdenbeath (bowls) Billy Allan, Cowdenbeath (bowls)
2007	Caroline Baird (athletics) Iain Matthew Paul Johnstone (swimming)	2012	Stephen Burns, Carnock (multi-sports)
2008	Lara Ferguson (swimming) Caroline Baird, MBE (athletics)	2013	Wullie Harrison (bowls) David Cowieson (archery)
2009	Andrew Lindsay, Cowdenbeath		

VOLUNTEER SPECIAL RECOGNITION - Anne Hay Award

2004	Alex McLean, Kirkcaldy (Bowls) Bernard Pirie, Glenrothes (Swimming/Ten Pin Bowling) Wilma Catignani, Glenrothes (Table Tennis) Anna Tizzard, Glenrothes (Swimming) Dael Wilson, Markinch (Wheelchair Racing) Maureen McSeveney, Cupar (Special Olympics)	2008	Maureen McSeveney, Cupar (Special Olympics)
2005	John Hood, Culross (Angling)	2009	Liz Rowley, Auchtermuchty (Special Olympics)
2006	Ena Stevenson, Oakley (Wheelchair Curling)	2010	Alec Thorburn (Finance)
2007	Craig Martin, Perth (Special Olympics)	2011	Gordon Easton, Dalgety Bay (archery)
		2012	Kerry Wilson (swimming) Anne Stuart (British Red Cross)
		2013	Neil Martin (Fife Sport & Leisure Trust)

DSF SPECIAL AWARD – Ann Swann Award

2001	Jim Penman, Principal, Fife Sports Institute	2009	Alex and Betty McLean, Kirkcaldy Tom Foster, Glenrothes
2006	Alan Johnstone, Glenrothes	2010	Matt Thomson, Kirkcaldy (Bowls)
2007	Michelle Hill (Strathmiglo) Allan Robertson (Glenrothes), Gil Cochrane (Athletics Official) Kerry Wilson (Volunteer) Margaret Robson (Swimming Official)	2011	Margaret Robson (swimming) Dave Sellar (multi- sports)
2008	Elaine Wilson, Markinch Lorraine Brydie, Hillend Joan Burns, Carnock	2012	Bernard Pirie (swimming & table tennis)
		2013	Jim Drummond (swimming official) Colin Wilson (swimming official) Fiona Cunningham (swimming official)

SPECIAL RECOGNITION AWARDS – Adam Morley Awards

2009	Mary Marshalsay, Milton of Balgonie	2013	Lorna McClean (Robert Gough Centre) Eileen Duke (St Clair Centre)
2010	Liz Simpson / Steve Donnelly		Jason Arthur (WFCSS)
2011	Carolyn Clunie (Robert Gough Centre)		Lorraine Scott (WFCSS)
2012	Denise Russell (Dalgairn Centre) Dave Gorman (Robert Gough Centre) John Young (West Fife CSS)		

